



**Jiroft University of Medical Sciences**  
**Curriculum Vitae**

**Milad Daneshi-Maskooni**

**PhD**



***Personal Information***

**Name:** Milad Daneshi-Maskooni

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***Educational Degree***

1. **PhD** in Nutritional Sciences, Tehran University of Medical Sciences, Tehran, Iran, 2013-2018.  
**Thesis title:** The effects of green cardamom on blood glucose indices, lipids, inflammatory factors, enzymes paraxonase-1 and sirtuin-1, and protein irisin in overweight or obese patients with nonalcoholic fatty liver disease: a double-blind randomized placebo-controlled clinical trial
2. **MSc** in Nutritional Sciences, Tehran University of Medical Sciences, Tehran, Iran, 2010-2012.  
**Thesis title:** The Study of Food Insecurity and Upper Gastrointestinal Cancers (Stomach and Esophagus Cancers) Association among Newly Diagnosed Patients in Imam Khomeini Hospital, Tehran
3. **BSc** in Nutritional Sciences, Shiraz University of Medical Sciences, Shiraz, Iran, 2005-2010.

***Administrational Experiences***

1. **From 2013-10-23 to 2015-02-20:** Scientific Director, Medical Advisor, Pourateb Pharmaceutical Holding, Tehran, Iran.
2. **From 2018-02-20 to 2018-07-22:** Academic member, Department of Nutritional Sciences, Varastegan Institute of Medical Sciences, Mashhad, Iran.
3. **From 2019-04-05 to 2019-11.09:** Director of Medical Information and Scientific Resources, Vice-Chancellor of Research Affairs, Jiroft University of Medical Sciences, Jiroft, Iran.
4. **From 2018-09-15 so far:** Academic member, School of Medicine, Jiroft University of Medical Sciences, Jiroft, Iran.

***Teaching Experiences***

1. Malnutrition related diseases, BSc students in Nutritional Sciences, Varastegan Institute of Medical Sciences, Mashhad, Iran.
2. Basic Nutrition, BSc, Sana Institute of Medical Sciences, Tehran, Iran.
3. Basic Nutrition, Students of Medical Sciences, Jiroft University of Medical Sciences, Jiroft, Iran.
4. Surgical Nutrition, Students of Medical Sciences, Jiroft University of Medical Sciences, Jiroft, Iran.



## Jiroft University of Medical Sciences

### *Reviewer of the following Journals*

1. Journal of Human Nutrition and Dietetics
2. Nutrition and Cancer-an International Journal
3. Journal of Jiroft University of Medical Sciences

### *Research Interest Keywords*

1. Nutritional Sciences
2. Nutritional Epidemiology
3. Community Nutrition
4. Clinical Nutrition
5. Metabolic Disorders

### *Publications*

#### *Full Paper Published in Peer-reviewed Journals*

**More than 30 Articles (h-index: 8)**, Online check:

<https://scholar.google.com/citations?user=mdpGpxOAAAAJ&hl=en>

### *Books*

1. Krause's Food and the Nutrition Care Process [In Persian, Heidari Pub], 2012
2. Krause's Food and the Nutrition Care Process [In Persian, Jafari Pub], 2017

### *Papers Presented in the National & International Congresses (Oral/Poster)*

**6 Articles** in the International Congresses

**14 Articles** in the National Congresses

### *National and International Congresses Attended*

**3 International Congresses**

**6 National Congresses**

### *Workshop Participated*

**5 Workshop**

### *Workshop Executed*

**6 Workshop**

### *Research Projects*

*Executive*

**3 Projects**

*Teammate and Co-worker*

**4 Projects**

### *Awards and Honors*

1. Top Degree in PhD Entrance Examination
2. Certificate of Appreciation by the head of Shiraz University of Medical Sciences for holding the Nutrition Event, 2006.